Clinic Expands to Fill the Needs of Students and Community

The clinic at Dragon Rises College has a new look!! Not only do we have a new group of students just beginning their patient practice and an awesome group who have moved into the “Intern” phase, we have expanded our clinic space into the building next door.

Following are some photos of our new space.

Summer is a great time to schedule clinic appointments. Treatments are 2 hours long with the first appointment primarily focused on our in-depth intake process gathering as much information as possible about all that has brought you to this point.

Subsequent appointments provide treatments developed specifically for you based on the diagnostic intake and may include acupuncture, tui na (Asian bodywork), cupping, gua sha, Chinese herbs, and/or moxa.

Not sure what all of those treatment modalities are … check out our website http://www.dragonrises.edu/clinic/techniques/ or better yet, come on in and have a first-hand experience.

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Enthusiastic about how effective acupuncture treatments have been for you or someone you know?

Consider earning a Master’s degree in Acupuncture and Oriental Medicine from Dragon Rises College. Following are some of the characteristics commonly found in our students who are passionate about their medicine – They are:

- Caring and compassionate
- Committed to learning in-depth Chinese diagnostic skills to treat each patient as an individual
- Attracted to the use of Chinese herbs for health and wellness
- Interested in making a difference… and a living

For more information about admissions and the new class beginning August 26, check out our website http://www.dragonrises.edu/students/admissions/ and contact Ruth Hayes-Morrison at 1-800-606-6685 (352-371-2833) ext. 27.

Transform your life today!
In the Dragon Rises College Clinic

Student Interns, who will graduate in December, bring senior level knowledge to their patients and their treatments. The next class, who will graduate in 2014, will be here to provide the public with the continuity of a year and a half of attention to each patient.


Campus news

Dragon Rises College has a new Kombucha Club. Talk with Autumn or Edwin to find out when they meet and the great things they are creating.

The Herb Garden is growing nicely with all the rain. Check out the pictures on our Facebook page.

Danielle Mastrogiovanni tends herbs in the new garden created by Herbology faculty and students.
Cooling foods for summer

As the heat and humidity begin to rise it’s good to eat light, cooling foods. The sixth semester students are currently studying Oriental Food Therapy and following are some recommendations from the instructor Mary Jo Hayes, AP.

*Watermelon slushy* – for a different, refreshing taste add either basil or mint to this ice cold blender drink.

*Watermelon salad* – thin layer of spring greens topped with a slice of watermelon sprinkled with feta cheese and topped with balsamic vinegar.

*Gazpacho* – cucumber, bell peppers, tomatoes, onion, garlic, tomato juice, white wine vinegar, olive oil and ground pepper or left over salad from the night before blended with tomatoes, vinegar, and cucumber.

*Tropical fruits* such as banana, mango, papaya, and pineapple blended either plain or with Kefir or Almond milk.

Acupuncture Provides Relief for Many Conditions

Following is a partial list of diseases, symptoms or conditions for which acupuncture has been proved-through controlled trials-to be an effective treatment by the World Health Organization:

- Adverse reactions to radiotherapy or chemotherapy
- Allergies
- Anxiety, Depression, Stress
- Colic, Dysentery
- Dysmenorrhea
- Acute and chronic gastritis
- Morning sickness
- Nausea and vomiting
- Facial pain
- Hypertension, Hypotension, Stroke
- Headache
- Knee pain, Low back pain, Sciatica
- Neck pain, Pain in dentistry
- Postoperative pain
- Rheumatoid arthritis
- Periarthritis of shoulder
- Sprain, Tennis elbow

Clinic appointments are available Monday through Friday and the cost is $35 or $25 for students, seniors, first responders, and veterans.

Call 352-271-2833 ext. 21 to schedule an appointment.

Again, summer is the perfect time to work toward your optimal health.